Deadly Nightshade Safety Card

Atropa belladonna, nightshade family (Solanaceae). FitInFlow.space · For information only, not medical advice. Updated October 2026.

1. Emergency numbers (fill in and keep by the phone)

US Poison Control: **1-800-222-1222** Emergency: **911** Pet Poison Helpline: **(855) 764-7661**

My vet: _____ Local poison center (outside the US): _____

2. How to recognize the plant

Look for	Where it grows
Bushy herb up to about 1.5 m (5 ft) tall	Shady woodland edges, old walls, disturbed ground
Dull green, oval, pointed leaves	Native to Europe and western Asia; sometimes in herb or "poison" gardens
Bell-shaped, violet or greenish-purple flowers	**All parts are toxic.** The sweet-tasting berries attract children and pets.
Shiny black berries, cherry-sized, sitting on a green star-shaped base	Not the same as black or bittersweet nightshade, which are also toxic.

3. Signs of poisoning

In people ("hot, dry, red, blind, mad")	**In pets and livestock**
[ ] Flushed red, hot, dry skin; very dry mouth	[ ] Vomiting, diarrhea, drooling or loss of appetite
[ ] Wide pupils, blurred vision, light sensitivity	[ ] Wide pupils, weakness, drowsiness or confusion
[ ] Racing heart; unable to urinate	[ ] Heart rhythm changes, trouble breathing
[ ] Agitation, confusion, hallucinations, seizures	[ ] Pigs and young animals may be especially sensitive

4. The first five minutes

[ ] Remove any plant material from the mouth. Do not make the person or pet vomit unless told to.

[ ] Call Poison Control (people) or your vet / Pet Poison Helpline (animals) **even if there are no symptoms yet**.

[ ] Call 911 at once for a seizure, trouble breathing, collapse or confusion.

[ ] Keep a sample or photo of the plant, berries or product label to show the responders.

5. Garden and home safety

[ ] Do not grow it where children or pets play [ ] Wear gloves to remove it; never touch your eyes

[ ] Bag and bin removed plants; do not compost berries [ ] Teach children never to eat unknown berries

[ ] Keep any belladonna-containing product locked away [ ] The FDA has warned about belladonna teething tablets for infants

Sources: Encyclopaedia Britannica; Pet Poison Helpline; ASPCA; US FDA laboratory analysis of homeopathic teething tablets; NCCIH. This card contains no remedies or doses.