Houseplant Care and Pet Safety Checklist

FitInFlow.space · Pet status follows ASPCA plant listings; check the exact species at aspca.org. Updated October 2026.

1. Care and pet safety for 12 easy houseplants

Plant	Botanical name	Light	Water	Cats and dogs
Spider plant	Chlorophytum comosum	Bright indirect	When top soil is dry	**Non-toxic**
Bamboo palm	Chamaedorea seifrizii	Medium indirect	Evenly moist	**Non-toxic**
Boston fern	Nephrolepis exaltata	Bright indirect	Keep moist, humid air	**Non-toxic**
Air plants	Tillandsia spp.	Bright indirect	Soak or mist, dry fully	**Check ASPCA**
Golden pothos	Epipremnum aureum	Low to bright	Let dry partly	**Toxic**
Peace lily	Spathiphyllum spp.	Low to medium	When it starts to droop	**Toxic**
Corn plant	Dracaena fragrans	Medium indirect	Sparingly	**Toxic**
Snake plant	Dracaena trifasciata	Low to bright	Rarely	**Toxic**
Lucky bamboo	Dracaena sanderiana	Indirect	Fresh water regularly	**Toxic**
ZZ plant	Zamioculcas zamiifolia	Low to bright	Rarely	**Keep away**
Aloe vera	Aloe vera	Bright, some sun	Very little	**Toxic**
Weeping fig	Ficus benjamina	Bright indirect	When top soil is dry	**Toxic**

2. My home plant inventory

Plant name (from tag)	Room	Pet status checked?	Out of reach?	Last watered

3. If a pet or child eats a plant

Pet: call your vet or ASPCA Animal Poison Control, (888) 426-4435 (a fee may apply). Signs from oxalate plants such as pothos and peace lily include mouth pain, drooling, vomiting and trouble swallowing.

Child (US): call Poison Help, 1-800-222-1222. Call 911 if the child has trouble breathing, collapses or has a seizure.

Cats: true lilies (Lilium and Hemerocallis) in bouquets are especially dangerous. Contact a vet after any contact.

4. Five-minute care habits

[ ] Finger-test the soil before watering [ ] Empty water from saucers and outer pots [ ] Keep plants away from cold drafts and heaters

[ ] Wipe dusty leaves monthly [ ] Remove yellow or dead leaves [ ] Revive, repot or compost struggling plants

Houseplants do not measurably clean the air in a ventilated home (Cummings and Waring, 2019). Enjoy them for how they look and feel. For information only; not medical or veterinary advice.